



Myles of Great Hopes has cancelled the June 2020 MoGH5K Family Fun Run Fun Walk for Water that is always held at Lake Lynn Parks & Recreation Community Center in Raleigh North Carolina.

In the wake of COVID-19, Our hearts and prayers goes out to those who have been directly affected by losing loved ones or some family members getting sick. The impacts and effects are huge world over.

To all the brave men and women whom by nature of their work are sacrificing so much and putting their life's and life's of their families on the line, we are forever grateful and appreciative, we are praying for you. This are the health care workers, all first responders, cashiers in multiple enterprises like groceries, gas stations, public transportation staff, janitors, educators, volunteers and many others who fits the bill.

Let us all submit to the health experts, government authorities and be part of the solution to this Pandemic. The crisis is a global problem, and only a global action will resolve it, let's play our part since we are a part of the solution. Let us continue preventing the bad from getting worse through proper mitigations and not panic. According to Stuart Wilde, in time of crisis, we all have the potential to morph up to a new level and do things we never thought possible. Let's embrace and continue checking on one another from a social distance. Our Hope, Faith and Trust in God Grace and Mercy will sustain us and overcome together, so be encouraged.

Isaac Kuria,
Myles of Great Hopes